

“To Pray for a Heart that Prays”

Ephesians 6:18

Take-Home Truth: *Prayer is a declaration of our dependency on God.*

Christ-Connection: *Everything Jesus did was to make prayer possible.*

Recap: *(Talk about last week)*

1. *How did you implement the practices of meditation on scripture that Richard discussed last week as part of your Bible reading this past week?*

Engage: *(Observe the passage and engage with the text)*

2. *Read Ephesians 6:18 and discuss the how, when and what in regards to prayer.*

3. *Read Matthew 6:9-13. How does this prayer break down into the three categories of “Thank You”, “Help” and “I’m Sorry”?*

Reflect: *(Reflect upon the key take-aways from the sermon)*

4. *Based on Richard’s practical guide to prayer, what does it mean to “pray in the spirit” and to pray “on all occasions”?*

5. *In what area do you spend the most time in prayer; Thank You, Help or I’m Sorry? Why are you not spending more time in the other areas?*

6. *Who or what do you turn to in times of crisis? What do you need to do to make Christ the first one that you call on?*

7. *Are you praying for a heart that prays?*

Respond: *(Apply the truths of God’s Word to your heart, affections, and actions)*

8. *What is keeping you from praying?*

9. *Richard broke down the activities of his day. In what areas of your day could you incorporate more time in prayer? Do you start every day in a time of prayer?*