

Date: January 6, 2019

Sermon Title: Don't Let Worry Choke Your Soul

Speaker: Richard Smith

Scripture text(s): Matthew 6:25-34

- 1) Read Matthew 6:25. Is your heart clothed with the righteousness of God or with self-righteousness? Compassion or selfishness?
- 2) How does the condition of your heart dictate your level of worry?
- 3) Read Matthew 6:26. What did Richard say about the faith of birds and their ability to affect their own future? How does the analogy of the birds encourage you to trust God?
- 4) Read Matthew 6:27. How has worry helped you? Discuss what worry does to our belief, our trust, and love for Christ.
- 5) How much does God care for the flowers? How does that show His deeper care for you who are eternal?
- 6) Read Matthew 6:31-32. Discuss the world's point of view and how we adopt that point of view. How did Richard define what worry is?
- 7) Read Matthew 6:33-34. What are your priorities? Your own comfort or control? Or putting Jesus first and looking to His face only?
- 8) What action steps can you take this week in order to seek Jesus first?