

**Date: November 11, 2018**

**Sermon Title: Limitless Peace**

**Speaker: Dan Yacoviello**

**Scripture text(s): Philippians 4:6-7**

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- 1) What is your anxiousness level right now? How often do you get caught up in anxiety and worry?
- 2) Dan said that an anxious heart is a spiritually paralyzed heart and that anxiety strangles your peace. Discuss how you have found this to be true in your own life. How have you seen the strangling effects of anxiety?
- 3) Read Philippians 4:6. Dan brought out that Paul did not tell us to avoid the things that make us anxious. What are we to do with those anxious things?
- 4) What did Dan say was the opposite of anxiety?
- 5) How do we combat anxiety? What is our weapon against it?
- 6) Read Philippians 4:7. How should we use this weapon? What 2 specific ways did Dan give us?
- 7) What is significant about supplications?
- 8) What is significant about requests?
- 9) From verse 7, what is the one thing that we should never omit from prayer if we want peace to be produced from those prayers? Why does a lack of thanksgiving also show a lack of power?
- 10) How does it encourage you to know that God's peace stands guard over our heart and mind?