

# Journal Page

Write the name of a friend and list a few things you can pray for that friend this week.



## FAMILY DISCUSSION STARTERS

- In what ways do we need healing?
- Does Jesus heal every sickness or injury? Why or why not?
- How do we experience healing from Jesus?



## Four Friends Helped

Mark 2:1-12

**MAIN POINT: JESUS HEALED A PARALYZED MAN AND FORGAVE HIS SINS.**

Jesus had been traveling, and He went to Capernaum. When the people in the town heard that Jesus was home, they gathered at the house to hear Him teach. So many people came that they stood in the doorway, and there was no more room for anyone else.

Just then, four men came to the house. They were carrying their friend on a mat because he could not walk. They wanted Jesus to heal him, but they could not get through the crowd. So the men carried their friend up to the roof. Then they lowered their friend through the crowd so that he was right in front of Jesus.

Jesus saw that the friends had faith, and He told the man lying on the mat, “Young man, your sins are forgiven!”

Jesus knew what the religious leaders were thinking. He said to them, “Why are you thinking like that? Is it easier for Me to say to this man, ‘Your sins are forgiven,’ or ‘Get up and walk?’”

Jesus showed His power on earth to forgive sins by turning back to the man on the mat. “Get up, pick up your mat, and go home,” Jesus said.

The man who had been unable to walk immediately got up. He picked up his mat, and he went home, just like Jesus commanded.

Everyone in the crowd could hardly believe what they had seen! They praised God.

*Christ Connection: The man who was paralyzed needed to be healed. Jesus knew this and did something even greater; Jesus forgave his sins, and then He healed the man. Because Jesus is God, He has the power and authority to heal and forgive. Jesus forgives those who trust in Him.*

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