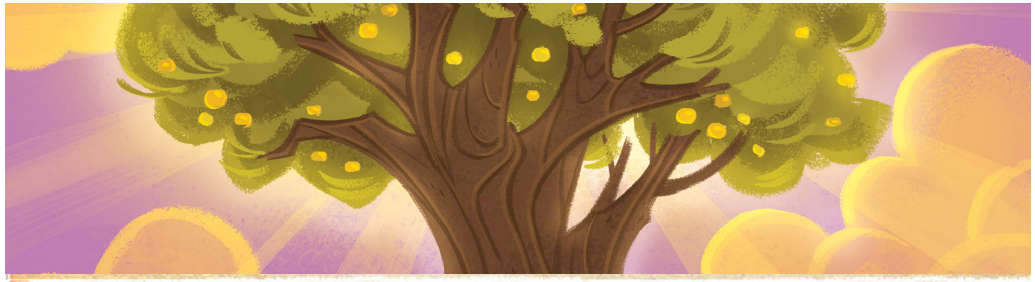
Journal Page

- What does this story teach me about God or the gospel?
- What does this story teach me about myself?
- Are there any commands in this story to obey? How are they for God's glory and my good?
- Are there any promises in this story to remember? How do they help me trust and love God?
- How does this story help me to live on mission better?

FAMILY DISCUSSION STARTERS

- Do you see any fruit of the Spirit in your family members? If so, what fruit?
- Talk about how you changed after becoming a believer.
- As unbelievers, sin controlled us. As believers, who is in control now?



The Fruit of the Spirit

Galatians 5:16-26

MAIN POINT: THE HOLY SPIRIT CHANGES THE WAY WE THINK AND ACT TO BE MORE LIKE JESUS.

Paul wrote a letter to the Christians in Galatia. Paul explained that God changes people who trust in Jesus. God gives them the Holy Spirit, who guides them and gives them power to become more like Jesus.

Paul wrote that the Holy Spirit changes the way we think and act. He wanted believers to know that if you let the Holy Spirit guide you, you will do what God wants instead of what you want.

When sin is in control, we do wrong things. We show hatred, jealousy, anger, selfishness, and greed. We fight and get into trouble. People who live like this will not enter God's kingdom.

But Jesus frees us from the power of sin. His Holy Spirit lives in us and gives us power to do what is right. When the Holy Spirit is in control, people choose love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. These actions are the fruit of the Spirit. This fruit pleases God.

The more we know Jesus, the more we will want to live to please God. Since the Holy Spirit lives in us, we must let the Holy Spirit guide us.

Christ Connection: When we trust in Jesus, the Holy Spirit begins to change us. Paul told the believers in the Galatian church how to recognize that God is working in someone's life. People who are saved by Jesus become more like Him, and the Holy Spirit gives them power to say no to sin and to live in a way that pleases God.

FOLD

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